Pastor Ernest – January 18th, 2026

If you would like to watch the weekend message, visit www.frontrange.org/messages

Open your group in prayer and remember that this is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one. If you only have a few minutes, you can just use the 3 Essential Questions.

Scriptures:

- **Matthew 18: 21-35, Psalm 32: 1-2**

Three Essential Questions

The following questions are intended to be open-ended and encourage members to consider how they felt and what they, or the group, can do as a result of hearing the message.

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change, or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*

Message Points/Extra Questions

1. How does the quote *"If you don't heal from what hurt you, you'll bleed on people who didn't cut you"* show up in real life or relationships?
2. In what ways can unforgiveness impact relationships with people who were not part of the original hurt?
3. Read **Matthew 18:21–22**. Why do you think Peter wanted a number attached to forgiveness?
4. Read **Matthew 18:23–27**. What stands out to you about the size of the debt and the master's response?
    a. What does this parable reveal about what happens when grace is received but not extended?
5. Why do you think forgiveness can bring peace even when the other person never changes?
6. The message described forgiveness as surrendering *rights, control, and pain* to God. Which of those is hardest to surrender, and why?
7. What might it look like this week to take one small step toward surrender, even if full forgiveness still feels far away?
8. Psalm 32:1–2 speaks about the freedom of forgiveness. Where in your life do you most desire that kind of freedom?